

Stair Contest – Protocol

The stairs are located just outside the entrance gate of Snowworld. Can't be missed. ;)

Start

The starting line is 5 meters before the first step and is marked by a taped line.



Finish

The finish is approx. 5 meters after the last step on the top of the stairs (viewpoint), this is also marked with a taped line.





Other race info;

- Times are measured by hand and monitored by two judges, one at the start and one at the finish. They communicate together by radio's
- Startprotocol:
 - Finish judge asks by Radio: Athletes ready?
 - Athletes reply by; yes/yeah/ja
 - Start judge replies over radio; Athletes are ready!
 - Finish judge: Start in; 3, 2, 1, Go!
 - Start judge simultaneous counts along out loud.
 - If any athlete starts before the Go, false start, no registration!
 - Finish judge starts the time registration on Go.
- Finish protocol:
 - Athletes come up on the last step
 - Athlete need to cross the taped line (situated in line of the last step)
 - When the athlete steps his first foot on or over the taped line, the finish judge stops the time registration for this athlete
 - The assistant finish judge writes the score on the form
- Each contender has the opportunity to try his/her best at least 1x time on the stairs Contest. Multiple tries (bottom to finish) are allowed.
- A maximum of 3 to 5 people can start at a time.
- The fastest 5 men and 5 women score bonus points for the country ranking.
 - 1st 12 points
 - 2nd 9 points
 - 3rd 6 points
 - 4th 3 points
 - 5th 1 point
- There are five time blocks where participants can register for participation at the bottom of the stairs. First come, first serve.
- Registered athletes have priority, parents, coaches and fans may have a try as well.
- Time slots
 - Saturday: 9:00 AM to 11:00 AM
 - Saturday: 12:00 AM to 2:30 PM
 - Saturday: 4:00 PM to 6:00 PM
 - Sunday: 9:00 AM to 11:00 AM
 - Sunday: 12:00 AM to 1:30 PM
- Results will be post on the event website www.lowlandchampionships.com/results2019
 - We try to post some scores between the